

# Positive Affirmation Tracing

Trace & Read Aloud

Trace each line carefully and read the positive words aloud. You are amazing!

Name: \_\_\_\_\_

Date: \_\_\_\_\_

## Happy Heart

I wake up with a happy heart,  
Today's a gift, a brand new start.  
I am enough just as I am,  
I can do it - yes I can!  
My smile can light up any room,  
My life is like a flower in bloom.  
I am thankful, I am free,  
Today is wonderful for me!