

Positive Affirmation Tracing

Trace & Read Aloud

Trace each line carefully and read the positive words aloud. You are amazing!

Name: _____

Date: _____

Heart of Gold

My words are gentle, my heart is gold,
I am fearless, I am bold.

I spread my kindness all around,
In me a shining star is found.

I lift up others when they fall,
I have enough love for them all.

My voice is strong, my mind is clear,
I am so glad that I am here!